

Monday 20 January 2020



It was lovely to see so many parents and carers for their first Parents' Evening last week. Year 7 have settled into life at Debenham High School really well and it was a pleasure to provide so many positive reports. It was equally enjoyable to see how students responded to Prayer Space and time to be reflective; our thanks to all at The Forge Church, but Tim Warnock in particular for providing a calm and yet energising environment in which the students could stop, think and pray.

This week Year 9 students undertake their Examination Week. These synoptic examinations (which all year groups have in an increasingly formal form as they progress through the school) help students to develop their revision skills and build strategies for learning (and remembering) larger amounts of information across a range of topics. For Year 9 these assessments form part of a staging post to help students know where they are and what they need to do to improve.

Finally, don't forget my four suggestions for the New Year as a cure to a grumbling heart:

1. Be thankful for what you have already
2. Enjoy the moment
3. Don't judge yourself by constantly looking at everyone else

Julia Upton